

WELLNESS PROGRAMS & FUNDING SOURCES (February 2008)

As a service to its users, the Vermont Department of Education offers links from its Web site to resources and Web sites developed by other organizations. These links are provided as a resource only. Unless specifically stated, the inclusion of such links does not imply endorsement or support of information, products or services offered by an organization other than the Vermont Department of Education. Information contained on such linked resources should be independently verified.

For more information or to provide feedback about these resources, contact Lindsay Simpson, Physical Education Consultant, at (802) 828-1461 or lindsay.simpson@state.vt.us.

NOTE: All the links provided below will take you off the department's Web site.

Wellness Resources

Act 161 of the 2005 session (16 VSA § 216) requires the Commissioner of Education to prepare and continually update a list of school and community programs which have the potential to improve childhood wellness.

Federal and National Programs

CDC's Division of Adolescent and School Health

Various resources

<http://www.cdc.gov/healthyyouth/index.htm>

CDC's Body and Mind (B.A.M.) program

<http://www.bam.gov/>

Alliance for a Healthier Generation

<http://www.healthiergeneration.org/>

US Department of Agriculture, Team Nutrition program

<http://www.fns.usda.gov/tn/>

National Association for Sport and Physical Education

Various resources

<http://www.aahperd.org/naspe/>

PE4Life

<http://www.pe4life.org>

American Heart Association

<http://www.americanheart.org>

American Cancer Society

School health programs

http://www.cancer.org/docroot/PED/content/PED_1_6_School_Health.asp?sitearea=PED

YMCA

Various programs

<http://www.ymca.net/>

Walk for Life

<http://www.walk4life.com/>

Take 10!

<http://www.take10.net/whatistake10.asp?page=new>

Yoga Kids

<http://www.yogakids.com/>

“Energizers”

Classroom based physical activities that integrate physical activity with academic concepts.

<http://www.ncpe4me.com/energizers.html>

Nickelodeon: Let’s Just Play

http://www.nick.com/all_nick/everything_nick/ljp_home07.jhtml

SPARK (Sports, Play and Active recreation for Kids), After School

<http://www.sparkpe.org/programAfterSchool.jsp>

Learn and Serve America

<http://www.learnandserve.org/>

National Programs with Vermont-based chapters

Vermont Association for Health, Physical Education, Recreation and Dance

<http://www.vtahperd.org/>

Action for Healthy Kids - Vermont

http://www.actionforhealthykids.org/state_profile.php?state=VT

Safe Routes to Schools – Vermont Agency of Transportation

<http://www.aot.state.vt.us/progdev/sections/ltf/srts/vtsrts.htm>

4-H “Growing Connections” Program

<http://www.uvm.edu/~uvmext/programs/4h/programs/growingconnections/default.php>

Girls on the Run Vermont

Youth running programs

<http://www.gotrvt.org/>

Regional Programs

Winter Kids

<http://www.winterkids.org>

Vermont Programs

Vermont Department of Health - Fit and Healthy Kids Initiative

Ongoing programs

<http://healthvermont.gov/fitandhealthy.aspx>

Special Olympics Vermont

Unified Sports program

<http://www.vtso.org/>

Vermont Out-Of-School Time (VOOST)

<http://www.voost.org/>

Vermont FEED

<http://www.nofavt.org/programs/vtfeed.php>

Vermont Bicycle and Pedestrian Coalition

BikeSmart programs

<http://www.vtbikeped.org/#BikeSmart>

RunVermont, Youth Running Programs

<http://www.runvermont.org/youth/index.html>

Community Connections

Various youth wellness programs

<http://www.communityconnections.us/>

Model Coordinated School Health Teams in Vermont

shevonnetravers@education.state.vt.us

Funding Sources

Funds are available from the following sources for schools and communities that wish to develop wellness programs.

Federal/National Funding Sources

Carol M. White (PEP) Grant for Physical Education

<http://www.ed.gov/programs/whitephysed/index.html>

NASPE Grant Opportunities and Resources

http://www.aahperd.org/naspe/template.cfm?template=grant_opp.html

Federal Grant for Safe Schools/Healthy Students Program

<http://www.sshs.samhsa.gov/apply/kit.aspx>

US Potato Board and School Nutrition Foundation - School Wellness Grant

<http://www.potatogoodness.com/healthEducators.php?id=11>

Lowe's Toolbox for Education Grant

<http://www.toolboxforeducation.com/>

General Mills: Champions for Healthy Kids Grant

<http://www.generalmills.com/corporate/commitment/champions.aspx>

Nickelodeon: Let's Just Play

http://www.nick.com/all_nick/everything_nick/lip_home07.jhtml

The Center for Health and HealthCare in Schools

An ongoing list of private and corporate funding opportunities

<http://www.healthinschools.org>

The Agnes M. Lindsay Trust

<http://www.lindsaytrust.org/>

National Gardening Association Grants

<http://www.kidsgardening.com/awards.asp>

Schering-Plough Foundation

http://www.schering-plough.com/schering_plough/corp/foundation_grant.jsp

Polar Technology Grant Support Program

<http://www.polarusa.com/education/fundinggrants/grantapplication.asp>

School Grants Web Site

<http://k12grants.org/>

State Funding Sources

School Wellness Grants for Implementation of Heart Rate Monitors in High School Physical Education

http://education.vermont.gov/new/html/pgm_curriculum/physical_ed.html

Recreational and Educational Facilities Grant Program

http://www.bgs.state.vt.us/news_and_links.htm

Farm-to-School Grants

<http://www.vermontagriculture.com/buylocal/learn/farmtoschool.html>

School Food Service Equipment Grants

http://education.vermont.gov/new/pdfdoc/pgm_nutrition/food_service equip_application_09.pdf

Safe Routes to Schools – Vermont Agency of Transportation

<http://www.aot.state.vt.us/progdev/sections/ltf/srts/vtsrts.htm>